



GORDON COLLEGE

Nursing Opportunities at Gordon College

A career in nursing is both a popular and rewarding option for students interested in a health related profession. It is a competitive area of study to get into, and having the knowledge and experience that is required will give an advantage to a student interested in pursuing this career goal. Having an organized plan of study and volunteer experience from the beginning will give this advantage. This document aims to give direction to those interested in attending Gordon and what their options are for studying for a career in nursing, and how to prepare for continuing their studies after graduation.

Gordon College offers pre-nursing coursework for those interested in entering into the nursing field. There are several majors to choose from that will lead the student in that direction. One can choose any major they are interested in as long as they follow the health professions pre-nursing track. The pre-nursing track ensures that students will have taken the most common pre-requisite classes when they later apply to nursing schools. The most common majors for students to choose if nursing is their career goal are kinesiology, chemistry or biology. Volunteering is also an important part of getting an advantage when applying to nursing schools. These opportunities will be discussed in greater detail in this document.



Majors

There are three courses of study that students commonly choose to prepare for continuing in nursing after Gordon College. These majors are kinesiology, biology and chemistry. If you decide to choose another major you can still follow the health professions concentration, which will prepare you for most nursing school applications.

Kinesiology- <http://www.gordon.edu/academics/kinesiology>

Biology- <http://www.gordon.edu/academics/biology>

Chemistry- <http://www.gordon.edu/academics/chemistry>

By following the links above you will be directed to Gordon College's website page containing information on each major for you to take into consideration when deciding which route to take. You will also be able to find complete course descriptions in the Gordon College 2012-2013 academic catalog on the Gordon website.

Once you choose a major, it is recommended to follow the health professions concentration for nursing. This is helpful for applying to schools after you earn your degree from Gordon, because this health professions track ensures that you have taken the most common classes needed to apply for nursing programs. To declare a concentration you can either get the forms in person from the registrar, or go online and download the forms from the registrars website. Schools do vary in what classes are required for admission, so it would be helpful to know ahead of time if you have all the pre-requisites for the schools you would like to apply to in the future. Knowing at least by the end of your sophomore year will give you enough time to plan for classes you need to take either at Gordon or off campus.

Health Professions Track 2, requirements- Nursing

- BIO 150: Biology 1 Cells and Genetics
- CHE 111, 112: Principles of Chemistry I, II
- KIN 213, 214: Human Anatomy and Physiology I, II
- MAT220: Biostatistics
- BIO 225: Nutrition
- BIO 314: Microbiology

If your chosen major and health professions track is followed carefully you are mostly well prepared for applying to most nursing programs. There are a few things that you should be aware of before the application process.



- Many nursing programs will ask for a public speaking course
 - Gordon offers COM240 Public Speaking
 - It is important to note that many programs want a lifespan psychology class from birth to death
 - Gordon offers PSY 394 Lifespan Psychology (offered 2012-2013 spring semester)
 - North Shore Community College, Endicott and other NECCUM members offer a lifespan psychology class
 - Microbiology, and Nutrition are offered alternate years. When creating your schedule it is important to find out what years these will be offered to ensure you can fit them in your schedule depending on the year they will be taught.
 - Many schools want writing courses, sociology courses and other courses that are offered by Gordon's core curriculum. This is another reason why it is important to know what schools you are going to apply to early. You can plan what core classes you are going to take around the pre-requisites of your schools of choice.
- Advising flow charts for each of these majors with the health professions pre-nursing concentration can be found at the end of this document.



Volunteering/ Employment Opportunities

Any volunteering experience you have before applying to nursing schools will give you an advantage compared to other applicants. Below are some volunteering options in the area, and testimonies from Gordon students who were able to get involved in volunteering opportunities in the area.

Beverly Hospital

Beverly Hospital has volunteering programs specifically for students. At their website you can download the application and reference forms. Beverly Hospital asks volunteers to commit to at least 50 hours of work over a calendar year. The link to this page is directly below.

<http://www.beverlyhospital.org/giving/volunteer-services>

You can contact:

- Jane Karaman (Manager of Volunteer Services) at jkaraman@nhs-healthlink.org, or
- Laura Fleming (Volunteer Coordinator) at lfleming@nhs-healthlink.org

North Shore Medical Center (NSMC)

NSMC applications can be downloaded, and additional information about volunteering can be found by following the link below.

<http://nsmc.partners.org/volunteering>

Locations in Salem and Lynn

- Salem- Contact: Karen Haller 978-825-6286
Michelle Mugford 978-825-6285
- Lynn- Contact: Janet Talbot 781-477-3215



Gordon Student Experience

Alissa Watson was a student at Gordon College who was pursuing a career in nursing. She was a Biology major with a Health Professions Concentration, and graduated in May 2012. The following was an interview conducted to know the benefits of volunteering for those interested in the healthcare field.

1. At what location/s was your volunteering experience?

Last year I worked as the receptionist at the Gordon College Health Center where I was able to work with a Nurse Practitioner, a PA, two Registered Nurses, and a doctor. I learned about the office part of working in a healthcare setting and I was able to help greet patients, pull their charts, answer phones, etc.

This past summer I worked as a full time EMT-Basic at Camp Wonderland, a Christian camp in Sharon, MA that is run by The Salvation Army. I worked on the Health Unit Staff with an RN and a Nurse Practitioner. I was able to get hands on experience using my EMT skills, and I was able to help the kids and the staff when they had any sort of medical issue (from taking care of splinters and small cuts, to emergencies involving broken bones, lacerations needing stitches, various respiratory/allergy emergencies, etc.)

2. Did you learn of this opportunity through Gordon? If not how did you learn about it?

I sought out the job at the Health Center myself. I went in and asked if they had any openings and they happened to have an opening that year.

My boss from Camp Wonderland was at Gordon in Lane at a booth looking for staff that summer. She asked me what I was doing for the summer/what I was studying and she told me about the Health Unit job. I had just gotten my EMT certification, and it seemed like a perfect outlet for using my skills. I'm glad Gordon brings various camps and people to Lane who offers summer positions.

3. Do you feel like volunteering better prepared you for future opportunities, either in continuing school or for your planned career?

Yes, I definitely feel more prepared for my future through working at camp and the Gordon Health Center. I will be going to Nurse Practitioner School this summer, and camp helped me see that pediatrics is the area of medicine that I want to work in.

4. Please note anything else you think would be helpful for students interested in volunteering in the health care field

I would say that acquiring an EMT or CNA license during your summer after your freshman year is a necessary step for future healthcare opportunities. I got my EMT the summer after my sophomore and I wished I had gotten it earlier so I



could have worked at camp for two summers instead of one. Certifications open lots of doors for more volunteering experience/health care jobs.

Emergency Medical Technician (EMT) Certification

It is beneficial to obtain your EMT certification while you have time to volunteer before applying to nursing schools. This gives you the advantage gaining experience, which is what nursing schools will like to see.

Below is a link to a website that offers information on how to get certified and places in Massachusetts this can be done.

<http://www.emt-national-training.com/massachusetts-emt.php>

Licensed Vocational Nurse (LVN) Certification

Like EMT certification becoming an LVN and gaining experience in this field will be beneficial when applying to nursing schools. Working as an LVN during the summers between classes would be a great way to add to your resume and stand out on your nursing school applications.

By following the link below you will be able to get information on LVN programs in your area.

<http://schools.mynursingschool.org/lvn-nursing-programs/?intent=Certification&state=MA&city=Null&kid=50182592661791&gclid=CLaAyMT68K8CFQrf4AodfRLHWA>



Nursing School Applications

There are many schools in the area that offer accelerated nursing programs that are worth applying to. An accelerated program is for those applicants who already hold a bachelors degree. Depending on the program, once you have completed the coursework you will have either a Bachelors of Science or a Masters. I will list just a few below.

- **Curry College:** <http://www.curry.edu/programs-and-courses/continuing-education-programs/bachelor%E2%80%99s-degrees/nursing.html>
 - All pre requisites covered by health professions concentration, however talk to advisor about the Human Growth and Development course, as it is not offered regularly

- **Massachusetts College of Pharmacy, Health, and Science:** <http://www.mcphs.edu/academics/programs/nursing-postbaccalaureate-bsn>
 - All pre requisites covered by health professions concentration, however talk to advisor about the Human Growth and Development course, as it is not offered regularly

- **Salem State:** <http://www.salemstate.edu/academics/schools/12477.php>
 - All pre requisites covered by health professions concentration except Pathophysiology

- **University of Massachusetts, Boston:** http://www.umb.edu/academics/cnhs/nursing/ug/nursing_accelerated_bs/
 - All pre requisites covered by health professions concentration, however talk to advisor about the Human Growth and Development course, as it is not offered regularly

- **University of Massachusetts Amherst:** <http://www.umass.edu/nursing/academics/second-bachelors-track>
 - All pre requisites covered by health professions concentration, however talk to advisor about the Human Growth and Development course, as it is not offered regularly

- **Northeastern University:** <http://www.northeastern.edu/bouve/nursing/programs/de/de/index.html>
 - All pre requisites covered by health professions concentration, however talk to advisor about the Human Growth and Development course, as it is not offered regularly



If you are looking at schools out of the area there are internet sites that will help you find schools in your area.

<http://www.allnursingschools.com/>



Kinesiology Advising Sheet (Pre-Nursing)

Date _____

Name _____

Advisor _____

1 st Year Fall 16 credits	KIN 112 4 credits Fall/Spr	CHE 111 4 credits Fall	BIO 150⁴ 4 credits Fall	4 credits Cor/Thm ¹		Summer/Off-Campus
1 st Year Spring 16 credits	KIN 213⁴ 4 credits Spring	CHE 112⁴ 4 credits Spring	4 credits Cor/Thm ¹	4 credits Cor/Thm ¹		PE 016 0 credits PhysEd ¹
2 nd Year Fall 14 credits	KIN 212 2 credits Fall	KIN 214⁴ 4 credits Fall	BIO 225 4 credits FA (alt yrs)	4 credits Lang ¹	0 credits PhysEd ¹	
2 nd Year Spring 16 credits	MAT 220 4 credits Spring	KIN 222 4 credits Spring	BIO 314⁴ 4 credits SP (alt yrs)	4 credits Lang ¹		
3 rd Year Fall 16 credits	KIN 310⁴ 4 credits Fall	KIN 322⁴ 4 credits Fall	PHY119 2,4 4 credits Fall	4 credits Cor/Thm ¹		
3 rd Year Spring 14 credits	KIN 350 4 credits Spring	KIN 370 2 credits Spring	4 credits Cor/Thm ¹	4 credits Cor/Thm ¹	0 credits PhysEd ¹	
4 th Year Fall 16 credits	KIN 320 4 credits Fall	KIN 450 4 credits Fall	4 credits Cor/Thm ¹	4 credits Cor/Thm ¹		
4 th Year Spring 10 credits	KIN 420⁴ 4 credits Spring	KIN 491³ 2 credits Spring	4 credits Cor/Thm ¹			

¹Core: BCM101 BCM103 COR107 PHI118 HIS121 NSM202 BCM308 Lang PhysEd⁵ Lit

¹Thematic: Natural World Human Person Aesthetics Civic Responsibility Global Understanding

Notes:

- 36 credits of core courses and 20 credits of thematic courses are required. KIN 112 and PHY 119 fulfill *Natural World* and *Human Person* themes. The KIN major fulfills the NSM 202 requirement.
- Or, PHY 121 and 122
- Senior standing required.
- Lab Component included.
- PE015 or PE016 taken in 1st year, 2 from PE018-099 taken before 3rd year.

Chemistry Advising Sheet (Pre-Nursing)

Date _____

Name _____

Advisor _____

1 st Year Fall 16 credits	BIO 150 4 credits Fall/Spr	CHE 111 4 credits Fall	4 credits Cor/Thm ¹	4 credits Cor/Thm ¹		Summer/Off-Campus
1 st Year Spring 16 credits	KIN 213 4 credits Spring	CHE 112 4 credits Spring	MAT 220 4 credits Spring	4 credits Cor/Thm ¹		PE 016 0 credits PhysEd ¹
2 nd Year Fall 16 credits	KIN 214 4 credits Fall	MAT 141 4 credits Fall	CHE 211 4 credits Fall	BIO 225 4 credits FA (alt yrs)	0 credits PhysEd	4 credits Lang
2 nd Year Spring 16 credits	CHE 212 4 credits Spring	MAT 142 4 credits Spring	BIO 314 4 credits SP (alt yrs)	4 credits Lang ¹		
3 rd Year Fall 16 credits	CHE 311 4 credits Fall	MAT 223 4 credits Fall	CHE 315 4 credits Fall	4 credits Cor/Th		
3 rd Year Spring 16 credits	CHE 312 4 credits Spring	CHE 316 4 credits Spring	4 credits Cor/Th	4 credits Cor/Th	0 credits PhysEd	
4 th Year Fall 17 credits	CHE 391 4 credits Fall	CHE 491 1 credits Fall	CHE 411 4 credits FA (alt yrs)	PHY 121 4 credits Fall	4 credits Cor/Thm	
4 th Year Spring 17 credits	CHE 392 4 credits Spring	CHE 492 1 credits Spring	PHY 122 4 credits Spring	4 credits Cor/Th	4 credits Cor/Thm	

¹Core: BCM101 BCM103 COR107 PHI118 HIS121 NSM202 BCM308 Lang PhysEd⁵ Lit

¹Thematic: Natural World Human Person Aesthetics Civic Responsibility Global Understanding

Notes:

- 36 credits of core courses and 20 credits of thematic courses are required. KIN 112 and PHY 119 fulfill *Natural World* and *Human Person* themes. The CHE major fulfills the NSM 202 requirement.
- Or, PHY 121 and 122
- Senior standing required.
- Lab Component included.
- PE015 or PE016 taken in 1st year, 2 from PE018-099 taken before 3rd year.

Biology Advising Sheet (Pre-Nursing)

Date _____

Name _____

Advisor _____

1 st Year Fall 16 credits	CHE 111 4 credits Fall	BIO 150 4 credits Fall	4 credits Cor/Thm ¹	4 credits Cor/Thm ¹		Summer/Off-Campus
1 st Year Spring 16 credits	CHE 112 4 credits Spring	BIO 151 4 credits Spring	KIN 213 4 credits Spring	4 credits Cor/Thm ¹		PE 016 0 credits PhysEd ¹
2 nd Year Fall 16 credits	CHE 211 4 credits Fall	BIO 250 4 credits Fall	KIN 214 4 credits Fall	4 credits Lang ¹	0 credits PhysEd ¹	
2 nd Year Spring 14 credits	CHE 212 4 credits Spring	BIO 260 2 credits Spring	BIO 314⁴ 4 credits SP (alt yrs)	4 credits Lang ¹	0 credits PhysEd	
3 rd Year Fall 16 credits	PHY 119 or 121 4 credits Fall	MAT134⁴ 4 credits Fall	BIO 225 4 credits FA (alt yrs)	HLP 200 0 credits Fall	4 credits Cor/Th	
3 rd Year Spring 16 credits	PHY 120 or 122 4 credits Spring	BIO 316 4 credits Spring	HLP 201 0 credits Spring	4 credits Cor/Thm ¹	4 credits Cor/Th	
4 th Year Fall 12 credits	BIO 250 4 credits Fall		HLP 300 0 credits Fall	4 credits Cor/Thm ¹	4 credits Cor/Th m	
4 th Year Spring 12 credits	BIO 491 2 credits Spring	MAT 220 4 credits Spring	HLP 301 2 credits Spring	4 credits Cor/Th		

¹Core: BCM101 BCM103 COR107 PHI118 HIS121 NSM202 BCM308 Lang PhysEd⁵ Lit

¹Thematic: Natural World Human Person Aesthetics Civic Responsibility Global Understanding

Notes:

- 36 credits of core courses and 20 credits of thematic courses are required. KIN 112 and PHY 119 fulfill *Natural World* and *Human Person* themes. The BIO major fulfills the NSM 202 requirement.
- Or, PHY 121 and 122
- Senior standing required.
- Lab Component included.
- PE015 or PE016 taken in 1st year, 2 from PE018-099 taken before 3rd year.